

# Are you passionate about health & wellbeing in your community?

*Do you want to earn a accredited qualification?*

**Are you interested in improving health & wellbeing in your community?**

**Do you have free time to volunteer?**

**If so...**



Become a  
**Community Health  
Champion**

**Volunteers** – the heart  
of the community 



**Nottinghamshire  
County Council**

## What is a community health champion?

We're recruiting volunteers in your area to be the trusted voice of key health and wellbeing messages. If you have a few hours to spare, we are interested in hearing from you.



## Why should I become a champion?

- Help those people in your community to understand health messages
- Give something back to the area you live in
- Develop new friendships with people with shared interests
- Build a strong communication connection
- Gain an accredited qualification for your CV.

## What support will I get?

- A volunteer starter pack
- Support from your dedicated coordinator
- Updates about important health messages to pass on to your community
- An opportunity to feedback any concerns directly to the council who will respond.

## How do I apply?

Contact your local Community health and wellbeing champion co-ordinator:

### Matt Parr

tel: **07890438746**

email: **Matt.Parr@nottsc.gov.uk**

Covering: **South Notts area**  
(Broxtowe, Gedling and Rushcliffe)



Or **Communityhealthchampions@nottsc.gov.uk**



**Nottinghamshire  
County Council**

**W** [nottinghamshire.gov.uk](http://nottinghamshire.gov.uk)

**E** [communityhealthchampions@nottsc.gov.uk](mailto:communityhealthchampions@nottsc.gov.uk)

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Contact your local Community health and wellbeing champion co-ordinator:

### Danielle Clayton

tel: **07890 438744**

email: **Danielle.Clayton@nottsc.gov.uk**

Covering: **Mid Notts area**  
(Ashfield, Mansfield and Newark and Sherwood))



Or **Communityhealthchampions@nottsc.gov.uk**



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### Sharon May

tel: **07814 060213**

email: **Sharon.May@nottsc.gov.uk**

Covering: **North Notts area**  
(Bassetlaw)



Or **Communityhealthchampions@nottsc.gov.uk**