



Patient Participation Group Newsletter

December 2021



www.villagehealthgroup.co.uk

Contact us

East Leake Centre 08.00 - 18.30

Gotham Road
East Leake
Loughborough
Leicestershire LE12 6JG

Tel: 01509 852181
email: nnccg.vhg@nhs.net

Keyworth Centre 08.00 - 18.30

Bunny Lane
Keyworth
Nottingham NG12 5JU

Tel: 0115 937 3527
email: nnccg.vhg@nhs.net

Church House Centre 08.00 - 12.30

Shaw Street
Ruddington
Nottingham NG11 6HF

Tel: 0115 984 7101
email: nnccg.vhg@nhs.net

Sutton Bonington Centre 08.00 - 12.30

45 Orchard Close
Sutton Bonington
Loughborough
Leicestershire LE12 5NF

Tel: 01509 672229
email: nnccg.vhg@nhs.net

'Flu Vaccinations Autumn 2021

Two successful 'Flu Days' at East Leake and Keyworth centres were held on Saturday 9th and Sunday 10th October for the over 65's, when a total of 3191 patients were given the latest Flu vaccinations. Patients from the Sutton Bonington and Ruddington surgeries were also invited to these 'Flu days' and in addition, separate adult clinics were held at these smaller surgeries for local patients. To date, a total of some 5800 patients within the Village Health Group have received this year's Flu vaccine.

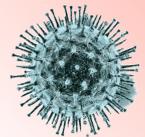


For the under 65 year olds who are also eligible for the free Flu vaccine, additional adult clinics are being held when, and as, further supplies of the Flu vaccine become available.

For those patients not eligible for free Flu vaccination, it is noted that local pharmacies and supermarkets are offering these vaccines, by appointment, at a cost.

For the latest information see the VHG web site : <https://villagehealthgroup.co.uk>

The Omicron Virus variation and Coronavirus Booster Vaccinations



Patients will be aware of a significant change in Government advice and strategy since the recent (November) recognition and concern about the Omicron variant of Coronavirus.

As a preventative measure, the Government has decided that all adults over the age of 18 years should receive the Coronavirus Booster vaccination. An enlarged programme of local and national vaccination centres are to be set up to ensure that this target is reached before the end of January 2022. The requirement for a 6 month delay between the Booster and any previous second vaccination has been reduced to three months.

These Booster vaccinations will be available by appointment at a number of local pharmacies and at the regional mass vaccination centres such as the Forest Recreation Ground in central Nottingham.

Our understanding is that the rollout of these Booster vaccinations will be in descending age order. Most people under 40 years of age are likely to receive their invitations for these Booster vaccinations in the New Year.

All patients are advised to book their Booster vaccination on the NHS website: www.nhs.uk or by telephoning 119 - the NHS Coronavirus helpline.

Missed Appointments

Missed appointments means wasted time for Doctors and Nurses.

In the past three months 1090 appointments were missed by patients throughout the VHG Group practices.

Please cancel any unwanted appointments 24 hrs before the agreed time.

Merry Christmas

The Doctors and staff at the Village Health Group wish all patients a Merry Christmas and a Happy New Year.

Please note that all surgeries within the Village Health Group will be closed on the following days over the Christmas period:-

Monday 27th December	Closed	NHS 111 service available
Tuesday 28th December	Closed	NHS 111 service available
Monday 3rd January	Closed	NHS 111 service available



We are advising all patients to order their repeat prescriptions by Tuesday 21st December to avoid any pharmacy delays.

Rushcliffe Befriending Scheme - Looking for volunteers

Now that the Coronavirus restrictions are easing, Rushcliffe Community & Voluntary Service have noticed an increase in the numbers of people who need support from their befriending service. Although many older residents are included in this scheme, befrienders can be of any age. The Befriending scheme covers the Rushcliffe, Broxtowe and Gedling areas.



What do I need to do to become a befriender?

You would need to be able to offer at least 1 hour per week to talk to a 'befriender'. This might eventually lead to 'face to face' meetings and possibly walks to a local park or coffee shop.

Further Information

If you are interested in becoming a befriender or a befriender please contact :-

Doug Lister, Befriending Co-ordinator Tel: 0115 969 9060 or support@rushcliffecvs.org.uk

also at www.rushcliffecvs.org.uk and on Twitter and Facebook @rushcliffecvs

Pharmacy Clinicians for Village Health Group

We are pleased to announce that Harlene Kithoray and Harminder Sahota have been assigned as Clinical Pharmacists for the Village Health Group. They will be assisted by Cara Fryer and Katerina Tsang as Pharmacy technicians.



The Clinical Pharmacists will be able to discuss and review medication directly with patients and advise on any necessary or advisory changes to medication.

Ask Reception if you would like to speak to one of the Clinical Pharmacists

Xmas Lunch for vulnerable persons in Keyworth

Keyworth Community Concern are offering Christmas lunches in the Keyworth Village Hall at a cost of £10 per head.



For further information contact : Shelley Milliband Tel 0115 937 4811

Changes

We are pleased to announce that Dr Sukh Sandhu is returning to the Village Health Group in December - initially as a locum and then as a salaried GP working 4 days a week.

VHG has appointed two new practice nurses: Kayleigh Smith and Linda Gilbert. We also welcome Alisha Harrison-Knight and Leah Powell to admin/reception.

Dr Rachel Andrews has recently left the Group to join another practice.

Bereavement Group .. re-starts

The Rushcliffe Social Prescribing Team have re-started the regular meetings of the Bereavement Group in Keyworth.

The first 'face to face' meeting will be held in the Centenary Lounge of the Keyworth Village Hall, on Wednesday 1st December 10.30 am to 12.30pm.

Thereafter, regular meetings will be held at the same time and venue on the first Wednesday of the month - starting in January 2022.

If you are interested in joining this informal group please contact : Jenny Smeeton
Tel: 07877201268 or jenny.smeeton@nhs.net

Sutton Bonington and Ruddington Church House Surgeries -

Proposed changes to Hours of Opening

'Eighteen months of pandemic conditions have created a huge shift in the pattern of care and Village Health Group is examining how it can use its resources to provide the best possible healthcare for our patients.'

It is proposed to hold local consultations with patients on this matter - **please see the VHG website for the latest information.**

Facebook : You can find more up-to-the moment information from the Facebook pages of the Village Health Group and the Keyworth PPG : <https://www.facebook.com/villagehealthgroup> <https://www.facebook.com/keyworthppg>

Would you like to become a virtual patient ? - you can keep informed on the latest Practice news and receive copies of this Newsletter. If you would like to join the Virtual PPG please email us : VHGPPP@mail.com

Patient Feedback: we welcome helpful comments and suggestions on how we can improve the patient experience at the Village Health Group . Send your feedback to: VHGPPP@mail.com