



## Contact us

### East Leake Health Centre 08.00 - 18.30

Gotham Road  
East Leake  
Loughborough  
Leicestershire LE12 6JG

Tel: 01509 852181  
email: [nnccg.vhg@nhs.net](mailto:nnccg.vhg@nhs.net)

### Keyworth Health Centre 08.00 - 18.30

Bunny Lane  
Keyworth  
Nottingham NG12 5JU

Tel: 0115 937 3527  
email: [nnccg.vhg@nhs.net](mailto:nnccg.vhg@nhs.net)

### Ruddington Church House Surgery 08.00 - 12.30

Shaw Street  
Ruddington  
Nottingham NG11 6HF

Tel: 0115 984 7101  
email: [nnccg.vhg@nhs.net](mailto:nnccg.vhg@nhs.net)

### Sutton Bonington Surgery 08.00 - 12.30

45 Orchard Close  
Sutton Bonington  
Loughborough  
Leicestershire LE12 5NF

Tel: 01509 672229  
email: [nnccg.vhg@nhs.net](mailto:nnccg.vhg@nhs.net)

## Missed Appointments

Missed appointments means  
wasted time for Doctors and  
Nurses.

Between 1st January and 14th  
February 498 appointments  
were missed by patients  
throughout the VHG Group  
practices.

**Please cancel any unwanted  
appointments 24 hrs before the  
agreed time.**

## Covid Booster vaccinations

As part of the national Covid Booster campaign, Keyworth Health Centre was able to offer two special afternoon clinics on the 21st and 22nd December 2021 through the NHS booking system.

During these two afternoon sessions, the team of Doctors and nurses vaccinated 390 adult patients.



Everyone aged 16 and over who has had a 2nd dose of the COVID-19 vaccine at least 3 months ago, can now get a booster dose.

Some children aged 12 to 15 can get a booster dose if they have a condition that puts them at high risk from COVID-19 or they live with someone who has a weakened immune system.

**Children aged 12 to 15 years old** can get a 1st dose of the vaccine from the day they turn 12. Most children can get a 2nd dose from 12 weeks after they have had their 1st dose.

If your child has tested positive for COVID-19 and is not at high risk, they need to wait 12 weeks before they can have a COVID-19 vaccine.

**Children aged 5 to 11 years old** the Government has recently announced (17th February) that it intends to offer a 'low dose' of the vaccine to all children in this age group. Parents of children in this age group should receive a text message confirming their eligibility and how to book.

## Public Meetings at Sutton Bonington and Ruddington Surgeries

**Ruddington** : An open public meeting was held in the St Peter's Rooms on Tuesday 18th January 2022 at 4pm to 6pm , when some 30 patients attended.

**Sutton Bonington** : An open public meeting was held at the Sutton Bonington Surgery on Friday 21st January between 4pm to 6 pm , when over 70 patients including local Councillor Matt Barney attended.

Dr Shaw, Dr Fraser and Dr Shortt were available at the meetings to discuss the operation of these local surgeries during the pandemic and the patient experience during this time.

Following these public meetings, the VHG has decided to continue with the hours of opening for these two surgeries that were established during the Covid restrictions.

Both surgeries will be open for patients between the hours of 8.00 am to 12.30 am Monday to Friday. All telephone calls after 12.30 am will be redirected to the East Leake Health Centre where doctors will be able to respond to patient requests. House-bound patients will continue to receive personal home visits as required.

A fuller account of these public meetings will be available on the VHG website in due course.

## Social Prescribing in Rushcliffe



The Rushcliffe Social Prescribing Service is available to all VHG patients by referral from your local GP.

It gives access to a range of local health resources which are co-ordinated by your local Social Prescribing Team who can be contacted via Sophie Taylor : Mob: 07846 507599 .

An up-to-date and informative Facebook page for Rushcliffe Social Prescribing can be found at:

<https://www.facebook.com/Rushcliffe-Social-Prescribing-103382061536388/>

If you missed **Time to Talk Day** on 3rd February there are still opportunities to meet up through some of the following local regular meeting places :

**Keyworth:** Friendship Club RVS - every Thursday 1.45pm to 2.45pm in the Centenary Lounge

Magdalene Cafe every 3rd Wednesday of the month 10.0am to 12.00am in the Parochial Hall

**East Leake :** Memory Cafe Tuesdays 10.30 am -12.00 am at the Methodist Church

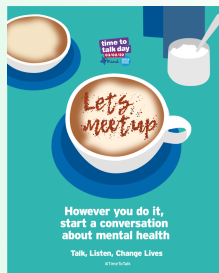
**Ruddington:** Wednesday Coffee Club 10.00am to 12.00am in the St Peter's Rooms

Saturday Coffee Mornings 10.30am -12.00am at the Methodist Church

Nappuccinos for Parents and carers with babies under the age of 1 yrs. Every Monday 10.00 am to 11.45am at the Hub, 62 Musters Road NG11 6HW

**Sutton Bonington:** 'Pop in for Coffee' every Monday 9.30 to 12.00 at the Methodist Church

Lunch Club second Thursday of each month in Sutton Bonington Village Hall.



## Changes ....

**Keyworth site:** Alan Levers (Operations manager) and Karen Sinclair (Reception manager) are leaving the VHG to take up other opportunities.

**VHG :** Dr Matt Woodrow has left VHG to join the practice where he originally trained. Dr Ollie Puar will become a GP Partner from 1st April.

**Registrars movements:** two new registrars : Fabienne Verall and Zarah Nawaz have recently joined VHG as part of their training and will replace Rai Khan and Lyndsey Wilson. All registrars are now working across all of the VHG surgeries.

## NHS Heart Attack Campaign

NHS England and NHS Improvement has launched a Heart Attack campaign. It raises awareness of the symptoms of a heart attack and encourages anyone experiencing these symptoms to dial 999.



Heart and circulatory disease, also known as cardiovascular disease, causes a quarter of all deaths in the UK and is the largest cause of premature mortality in deprived areas. This is the single biggest area where the NHS can save lives over the next 10 years.

While people act upon chest pain or symptoms commonly associated with cardiac arrests, heart attacks manifest themselves in different ways, and people may not recognise other symptoms (such as general feeling of unease, feeling weak or lightheaded). Chest pain can also manifest as tightness or squeezing, rather than pain.



## Have you noticed ??

Yes, it is the new VHG Notice Board in East Leake !



Following suggestions from patients for better communications with VHG, a series of similar notice boards will appear in the other villages.

Look out for your latest VHG News !



**Facebook :** You can find more up-to-the moment information from the Facebook pages of the Village Health Group and the Keyworth PPG : <https://www.facebook.com/villagehealthgroup> <https://www.facebook.com/keyworthppg>

**Would you like to become a virtual patient ?** - you can keep informed on the latest Practice news and receive copies of this Newsletter. If you would like to join the Virtual PPG please email us : [VHGPPP@mail.com](mailto:VHGPPP@mail.com)

**Patient Feedback:** we welcome helpful comments and suggestions on how we can improve the patient experience at the Village Health Group . Send your feedback to: [VHGPPP@mail.com](mailto:VHGPPP@mail.com)